# Pancreatinum 3x on Diabetes Mellitus- A Case Study

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Abstract—Diabetes mellitus is metabolic disorder, in which there are high blood sugar levels over a long period. Due to elevation of blood sugar produces the symptoms like frequent urination, increased hunger, increased thirst, if diabetes is untreated, then may cause complication included diabetic ketoacidosis or in serious condition heart disease, stroke, foot ulcer, renal failure and damage to eye. Diabetes mellitus require long term treatment but there are many side effects of drugs. So we can choose better option in homoeopathy, having no side effect. A 22 year of Patient Name Vikram Lilar from Belasar (Napasar) have complaints of numbness of legs with extreme weakness. Dryness of mouth with thirst. Pain in Epigastrium region with nausea after eating. Pancreatinum 3x is given tds for 5 days patient get much relief in epigastric pain, numbness of legs also improve the value of HBA1C after 3 months. Pancreatinum 3x is given tds for 5 days. Patient get much relief, also improve the value of HBA1C after 3 months. Pancreatinium can give in these cases. Pancreatinium not only improves function of pancreas but also regulates the blood sugar level.

# Introduction

Diabetes mellitus is metabolic disorder, in which there is high blood sugar level over a long period. It involving carbohydrate, protein and fat which result from the degree of insulin deficiency. Absolute insulin deficiency (type 1 DM) occurs with autoimmune destruction of insulin secreting beta cell (type 1 A) and other congenital and acquired condition. Absolute deficiency of insulin receptors, a rare event. Relative insulin deficiency occurs with genetic or acquired defect in insulin synthesis or secretions that are inadequate to overcome the resistance to insulin action induced by stress, drug and most commonly obesity. Due to elevation of blood sugar produces the symptoms like frequent urination, increased hunger, increased thirst (see figure 1). If diabetes remains untreated, then it may cause complication included diabetic ketoacidosis or in serious condition heart disease, stroke, foot ulcer, renal failure and damage to eye. Clinical feature similar to diabetes mellitus were described 3000 years ago by the ancient Egyptians. The term diabetes was first coined by Araetus of Cappodocia, later the word mellitus (honey sweet) was added by Thomas Willis or Dobson first confirmed the presence of excess sugar in urine and blood as a cause of their sweetness. Prevention involves maintaining the healthy diet, regular physical exercise, a normal body weight and avoid use of tobacco. Control of blood pressure and maintain proper foot care is important for people with the disease.

Type 1 diabetes must be managed with insulin injection. Type 2 diabetes may be treated with medication with or without insulin. Insulin and some oral medication can cause low blood sugar. Weight loss surgery in those with obesity in sometime an effective measure in those with type 2 diabetes

Gestational diabetes usually resolves after the birth of the baby. Diabetes mellitus require long term treatment but there are many side effects of drugs. So we can choice better option in homoeopathy, have no side effect.



Figure 1

#### Aims and objectives

The aim of the study was to assess the effect of homoeopathic medicine pancreatinum 3x on diabetic patients of all age groups.

Our aim is-

- Preventation of complication
- Reduction of mortality and disability
- Gaining addition years of life
- Improve the quality of life

#### Method and Material

- Small group will be of 2-3 patients.
- We give homoeopathic medicine Pancreatinum 3x tds.
- Homoeopathic medicine pancreatinium is prepared by extract of pancreatic and salivary gland of ox or sheep.

We all know that diabetes is due to-

- Either pancreas is not producing enough insulin-(type 1 DM).
- Or cell of the body not respond properly (type 2 DM).

Pancreatinum has been used with success in condition due to disease and faulty action of pancreas.

We also give the education about DM and related complication through inetraction, lecture and video tapes.



Figure 2

## **Case Presentation**

A 22 year of Patient Name Vikram lilar from Belasar (Napasar) have complaints of numbness of legs with extreme weakness. Dryness of mouth with thirst. Pain in Epigastric region with nausea after eating. Pancreatinum 3x is given tds for 5 days patient get much relief in epigastric pain, numbness of leg also improve the value of HBA1C after 3 months.

Second case of pancreatinum is that a 55 year of female named Smt Rukmani, have complaint of frequent urination since long time with lower abdominal pain. Sometime patient have repeated UTI & pain in extremities with slight exertion.

Pancreatinum 3x is given tds, patient get much relief, and also improve the value of HBA1C after 3 months.

Another case of pancreatinum is that a 65 year patient named khalil ahmed have complaint of great weakness with pain in calf muscles. Frequent urination at night. Also patient has severe constipation. No desire for passing stool for several days. Stool passes a small. Sugar level can't be control and HBAIC shows poor control of sugar (see figure 3&4). Pancreatinum 3x is given tds. Patient relief in weakness and have improvement in digestion and also improve the value of HBAIC.

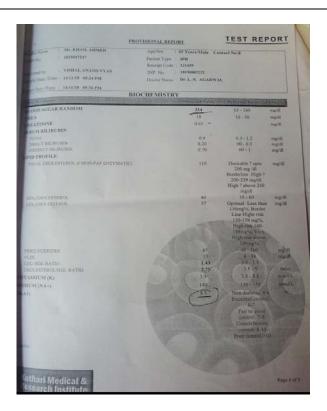


Figure 3



Figure 4

#### Results

After given homoeopathic medicine Pancreatinum 3x, there is marvelous effects seen, it Pancreatinium not only improves function of pancreas but regulates the blood sugar level. Also improve the value of HBA1C after 3 months.

## Conclusion

It is very effective medicine for Diabetes Mellitus.

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